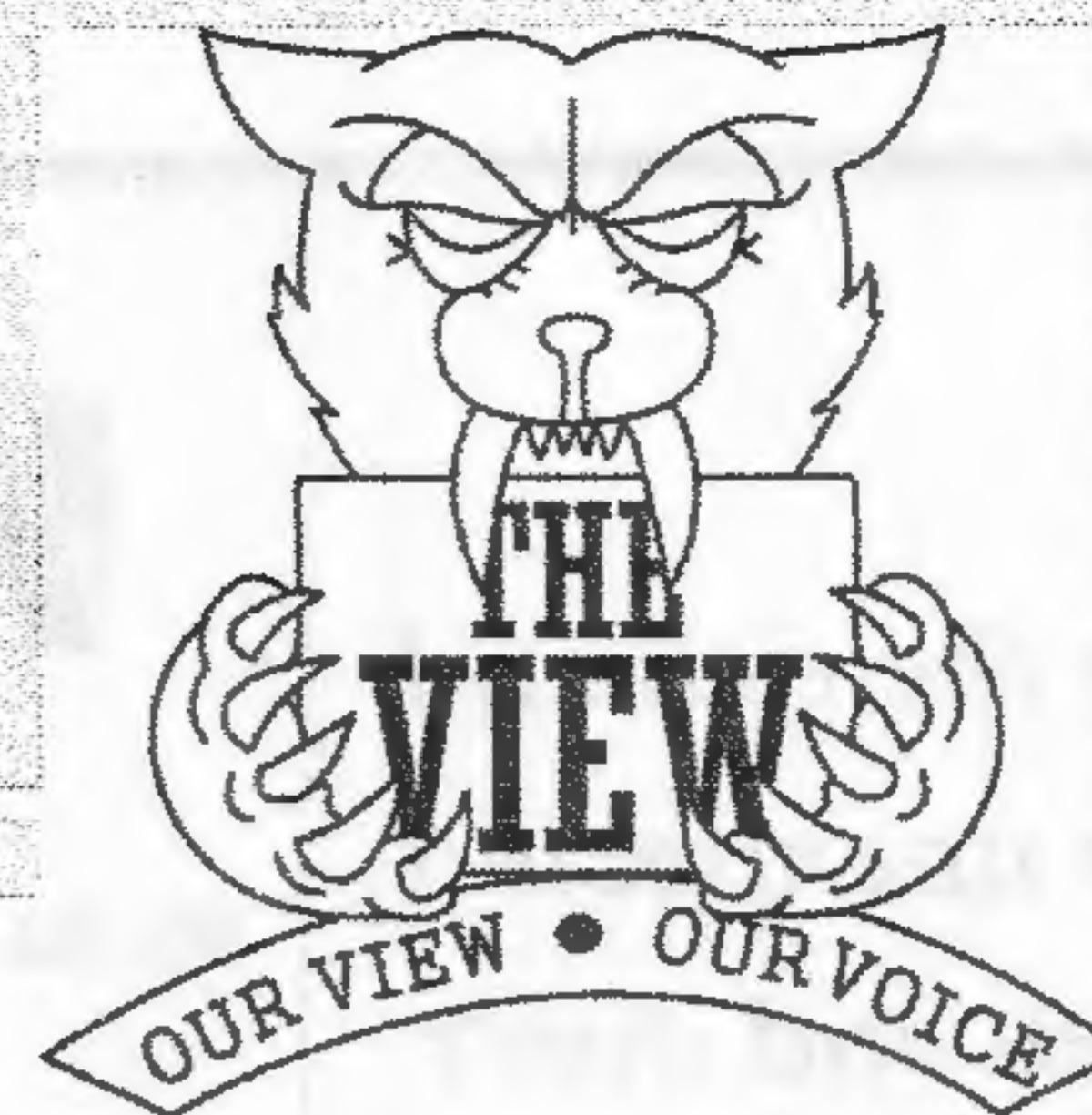


# THE 'VIEW



Our View, Our Voice

## EDITORS' NOTE

-TAZLIN JAHNA & TWINKLE PATEL

Welcome Wildcats! The 2012-2013 school year has officially begun! We had a great start to this school year with new teachers, students and administrators! On behalf of the entire newspaper committee we want to welcome you! We also cannot forget the ones that have returned to Westview to contribute to an amazing year to come.

Last June a teaser paper of *The 'VIEW* newspaper was released along

with our report cards. This is our very first official edition of *The 'VIEW*. The committee has worked tirelessly to make this newspaper the very best it can be. This newspaper will be published monthly, outlining exciting activities, events and opinions of our Westview students. Each month we will feature a different theme corresponding to the time of year. This month's theme is back to school! This newspaper is solely about the

Westview students and our voices. **Do you have any experiences that you would like to share? Are there stories or other writing pieces you want to get published? Would you like to advertise something? This is definitely the place to do it! Please send all contributions to: [theviewpaper@gmail.com](mailto:theviewpaper@gmail.com).** We look forward to hearing from you and have a fabulous school year Westview!

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## AHHHH!! HOW CAN I BE MORE PRODUCTIVE !!??

BY: KEVIN NOGUERA

Back to School! Now is the time to be productive and work towards your academic, as well as your personal goals. Have you ever asked yourself what you want to do after you finish high school? You may want to start thinking now. Find what you love, something that you are passionate about and be productive now, so that you achieve all your goals. Here are some tips for being productive.

### 1. Break the seal of hesitation.

It's often the case that at school or in the work place, 20 % of the people do 80 % of the work. These people who have an intense work ethic don't understand why everyone else isn't like them. It can be frustrating to observe or even to be in the presence of



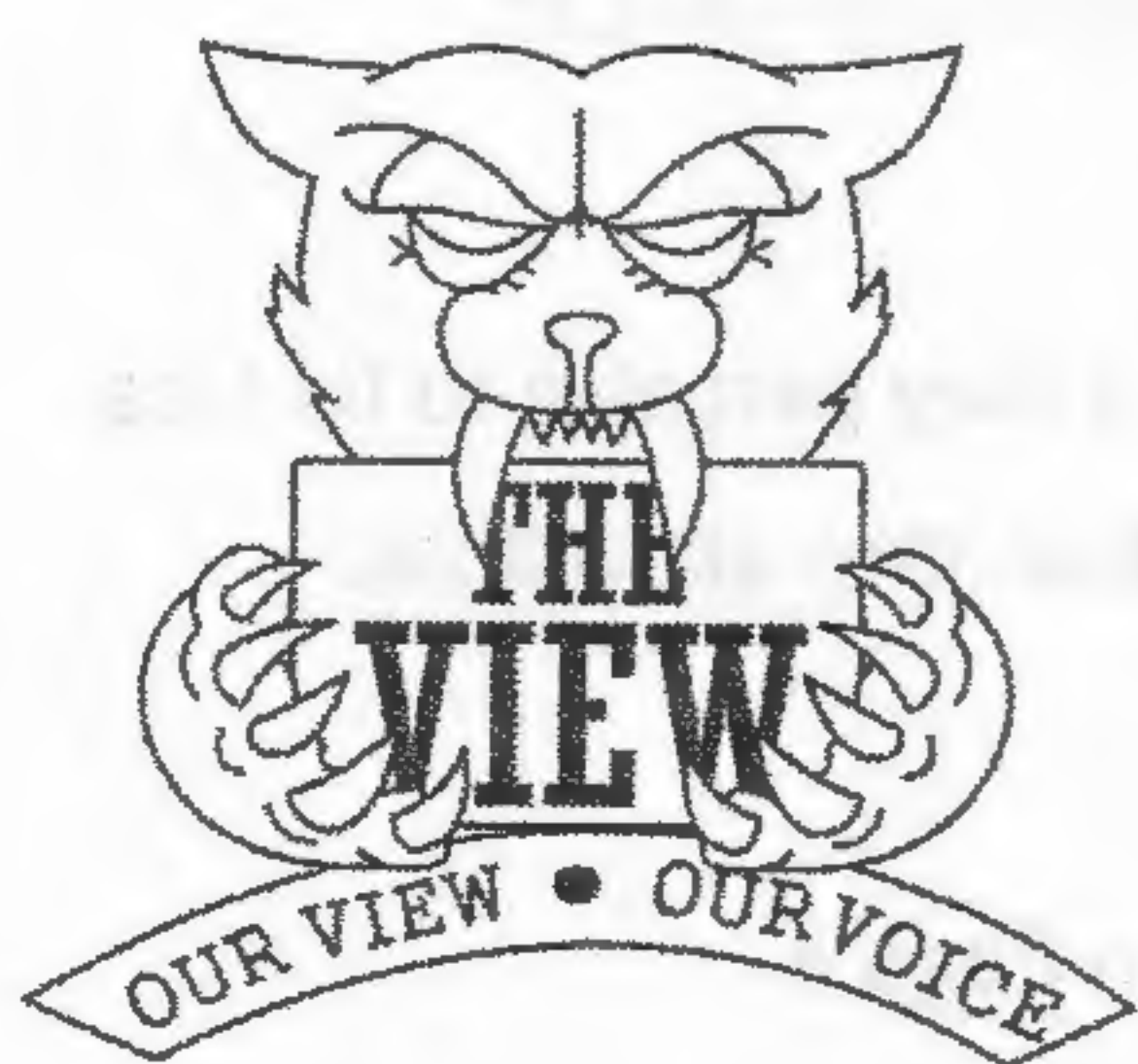
people whom they perceive to be less productive than they should be.

Continued on Page 4



*"Take the risk and let the unexpected happen and don't worry if you make mistakes"*

**FORGET ABOUT GOING TO SCHOOL**



# We Day, Make a Change

By: Naima Hassan and Ashely Vi

On Friday September 28<sup>th</sup> 2012, students all over Ontario were invited to attend a special event at the Air Canada Center called We Day, including our very own SIA club. Students did not have to pay for their tickets because they earned it.

We day is a day for young people to lead local and global change. It wasn't only about the famous performers out there like Shawn Desman, Nelly Furtado and Jennifer Hudson. It was about the story behind every speaker and what they want to see happen.

During this event, students were inspired to make a



change in their own community and the world around them. Two campaigns SIA will be doing are the penny drive and Scare Hunger. We, as a group want to make a difference in someone else's life. Collecting pennies will provide clean water for many people in other countries. Many people in

the world go hungry every day and we want to scare away hunger by collecting canned foods. Once someone starts making the change, everyone will do the same.

We hope to see the change!

## "WAIST" OF TIME

BY: ANISA DHAR

The media can be quite misleading where dieting is concerned

In today's society, every ad, television show and movie has an extremely thin model, or actress. The majority of these images that we see are photo shopped, so the models look unrealistically thin. Unfortunately, young girls and women do not understand that most of the images they see in the media are all edited to make models look thinner and more beautiful. A researcher who assisted in the study conducted by Marika Tiggemann and Levina Clark in 2006 titled "Appearance Culture in 9 to 12-Year-Old Girls: Media and Peer Influences on Body Dissatisfaction," indicated that nearly half of all preadolescent girls wish to be thinner, and as a result have engaged in a diet or are aware of the concept of dieting. "This is because they want that "Barbie doll" image," the researcher stated.

By dieting to look like models and celebrities, we are only endangering ourselves. Research indicates that

exposure to images of thin, young, air-brushed female bodies is linked to depression, loss of self-esteem and the development of unhealthy eating habits in women and girls. An example of this are today's actresses. These actresses are becoming younger, taller and thinner looking in an unhealthy way. Due to this it is common that they usually faint on the set from lack of food. One of these actresses is Angelina Jolie. It was 2006 and she was filming a movie in India. Midway through the scene, she fainted due to hunger. Also, something many women do not understand about dieting for an unattainable body is that if they were to make one slip and eat or drink something they weren't supposed to, they could end up with more weight than they started with. This happens because your body goes into starva-



tion mode. Once that happens, the body gets excited each time you eat something and hoards it as fat because it does not know when it will receive that kind of food again. This makes you gain weight.

We as women should not be influenced by the media so easily, and we should love ourselves no matter how much we weigh.



## ADVICE TO OUR NEW GRADE 9 FRIENDS

"Enjoy Gr. 9 because it's AWESOME! Also, LISTEN to your teachers. This will help you get good grades." ~ Amanvir Virdi (Gr. 10)



"Don't treat high school as a game. As a grade 9 student, use this opportunity to meet teachers, join after school activities, as well as maintaining good grades." ~ Beverly Darkwah (Gr. 11)



"Start good habits (eg. studying more efficiently, getting enough rest, etc.) because high school is practice for our future careers." ~ Jamyrah Dixon (Gr. 11)

Have fun in your first year but also take it very seriously. Learning from my first year, I skipped a lot, but now I know that I should have been more focused. Don't make the same mistake I did but at the same time make the most of grade 9.

~ Ebony Young (Gr. 11)



Just work hard. Also, please think before you make a friend, because good friends got your back when you need it the most. Don't let anything interfere with your studies. Enjoy your first year!!! ~ Harsh Saggarr (Gr. 12)

## Advice with Mr. Bobbin and Mr. Babaloo

Mr. Bobbin: Hey Mr. Babaloo!

Mr. Babaloo: What's going on Mr. Bobbin?

Mr. Bobbin: Nothing much. Can I ask you a question though?

Mr. Babaloo: What is it Mr. Babaloo?

Mr. Bobbin: How do you deal with a teacher with a really heavy accent?

Mr. Babaloo: Well Mr. Bobbin, if I were you I'd drop out.

"Ha ha ha ha!"

Mr. Bobbin: No seriously

Mr. Babaloo, what do I do?

Mr. Babaloo: Ok, here's what you do. Ask your teacher for clarification if you don't get anything.

Mr. Bobbin: Oh so I can't just go up to my teacher and say: "Hey dude or lady, I can't understand your crazy accent! Can you say that again?"

Mr. Babaloo: Uh, yeah sure you can do that if you want to get suspended or something! No listen to me.

Either ask your teacher for clarification or ask a neighbor for help or to look at their notes. Got it,

Mr. Bobbin?

Mr. Bobbin: Yeah, I guess so. Maybe you're right. But I would still use that line on a teacher. Mr. Babaloo. Be my guest. I would love to see how that goes.

Mr. Babaloo: Ok. Oh look there's Mr. Benson!

Mr. Babaloo: I was kidding! Never do that!

Mr. Bobbin: Ok.

Mr. Babaloo: I think that's it. Do you have any other questions for me?

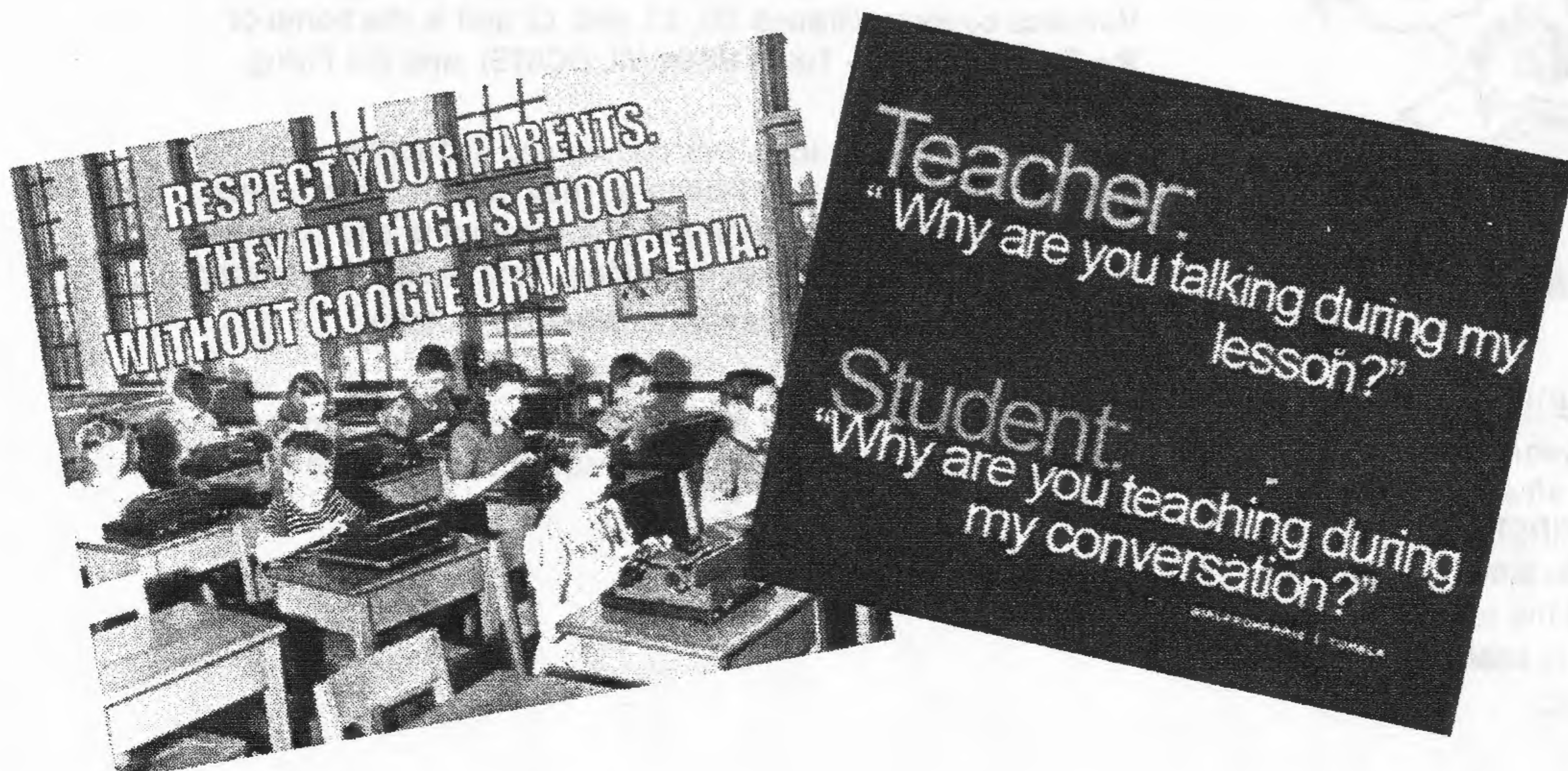
Mr. Bobbin: No, I think I'm fine.

Mr. Babaloo: Ok, just remember I'm always here to listen to your problems.

Mr. Bobbin: Thanks Mr. Babaloo.

We'll help answer any questions that you have!

Send in all of your questions to [theviewpaper@gmail.com](mailto:theviewpaper@gmail.com)!





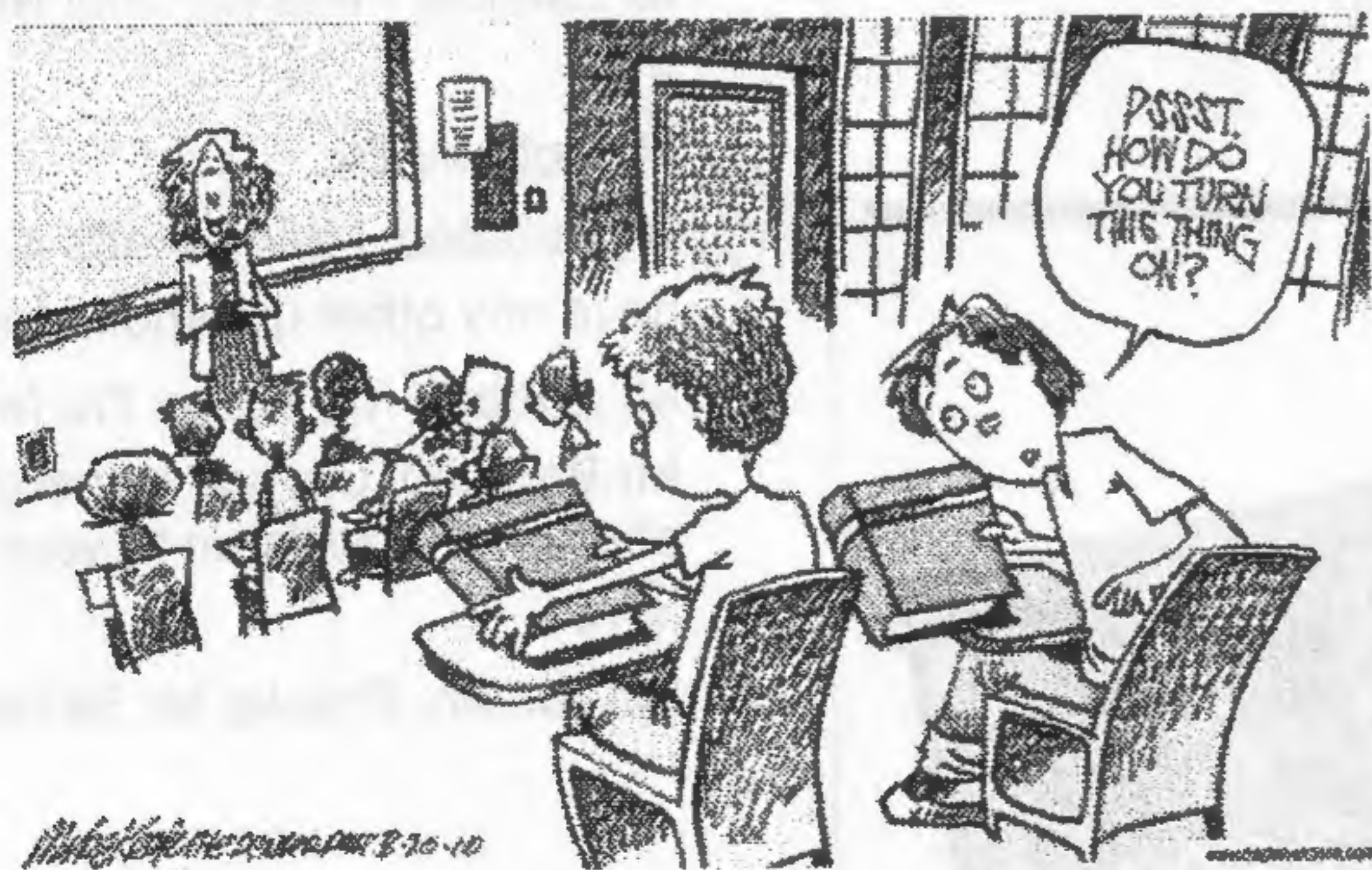
Don't hesitate; everyone works at different speeds, has different priorities, work ethics, abilities and mindsets, take your time be productive in your own way.

## 2. Work on your progress a little bit each day.

Another way to deal with this issue of productivity is to pay less attention to what others aren't doing, and put more emphasis on what you get out of your own level of productivity. Have you caught yourself paying more attention to what your classmate or your co-workers are doing? I bet we all have before and we do it often, so rather than being interested on what others are doing you should focus on what really matters to you, and start working on your own progress. Your future depends on the progress you make now. As Jack Cheng said, *"The important thing isn't how much you do; it's how often you do it."* Remember to work a little bit every day on your progress.

## 3. Use your time wisely:

If you want to make good use of your time, you've got to know what's important to you and give it all you've got. One of the most important rules to be productive is to use your time wisely, by working on what really matters to you, and on what makes progress to your success. One of the best ways to do this is to plan at the beginning of each day the progress you want to make, and what you want to accomplish. In fact, it is important that you set your goals, because not only will having a clear view of what you want help you to achieve them, but with hard work and perseverance you will make progress.



## Robotics 886 Wildcats Up and Running

The Robotics Club is active again this year. The Club meets in shop #14 Tuesdays at lunch time and after school Wednesdays. The Club is preparing for the USFIRST Competition that begins January 2013. This is where students will learn the rules of the game, build the robot, test the robot and rebuild it. After a six week build period the robot is sealed until it used to participate at the Regional Events. Cont.

Cont.

Team 886(Wildcats) is planning to attend two Regional Events. This is the first GTA EAST Regional Event in Oshawa at UOIT Campus, March 4 -7, 2013. The other is the GTA West Regional Event at the Hershey Centre in Mississauga on March 28-30, 2013.

The Club's expenses are covered by actively fund raising and forming partnerships with corporations. So far we have formed partnerships with: TDSB, Bacon Engineering and Rockwell Engineering and more to come.

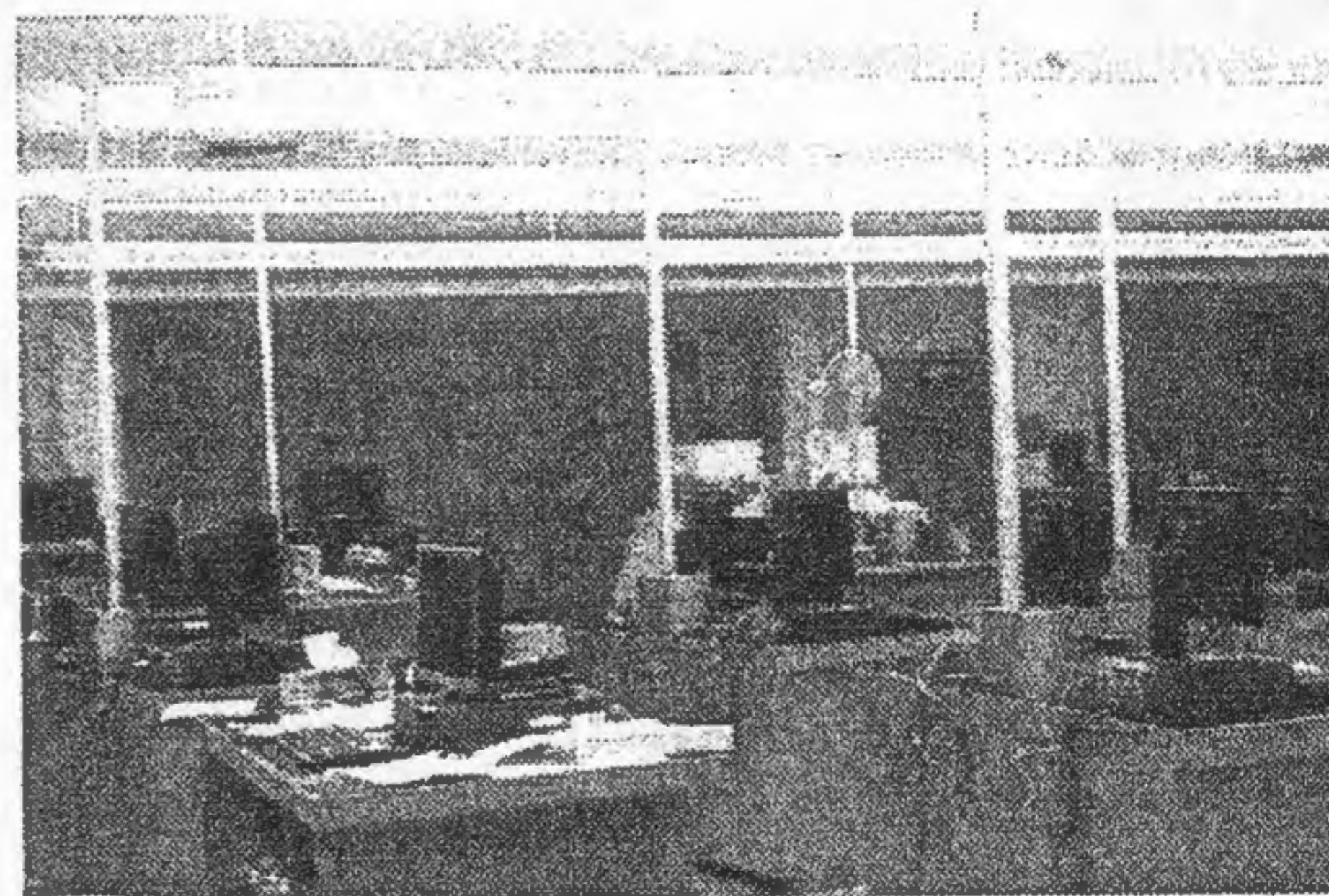
The Robotics Club Team 886 is made up of males and females from Grades 9 to 12. The students get help from Engineers, Tool and Die Makers and a Web Designer, who are past members of the Club and are now mentors.

The Club is open to all students of Westview. Come and join and have the most fun that you will ever have!

For more information contact Mr. Thorne - 416-395 3320 or find him in Shop#14

## Computers Donated to Shop 14

Twenty five computers were donated for Shop#14 by RCT, (Renewed Computer Technology) Computers for Schools program. The systems that were donated include: 2.4GHz CPUs, 17 inch flat screen monitors, 80 Gigabyte HD's, DVDs, keyboard and mice.



The computers will be used for student instruction, networking, programming, interfacing and robot control. They have been in operation since the first day of school.

Shop#14 is where you will find the Computer Engineering, Robotics courses, Grades 10, 11 and 12 and is the home of the Robotics Club - Team 886 (WILDCATS) and the Flying Club.

Computers for Schools was co-founded in 1993 by Industry Canada and the Telecom Pioneers. They refurbish computers and related equipment donated by governments and businesses and are later distributed to schools, libraries and registered not-for-profit learning organizations across Canada.

We thank RCT for their donation that has invigorated the students' learning in Shop#14 and saved the school thousands of dollars.



## Riddles

1. What gets wetter and wetter the more it dries?

2. You throw away the outside and cook the inside.  
Then you eat the outside and throw away the inside.  
What did you eat?

3. What goes up and down the stairs without moving?

Solutions: 1. A towel 2. a ear of corn or a chicken 3. a rug

1. What is represented by this Brain Bat?

cat cat cat cat cat cat cat cat cat cat cat

2. What is represented by this Brain Bat?

CITY

3. What is represented by this Brain Bat?

chimney  
chimney  
chimney  
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chimney  
chimney

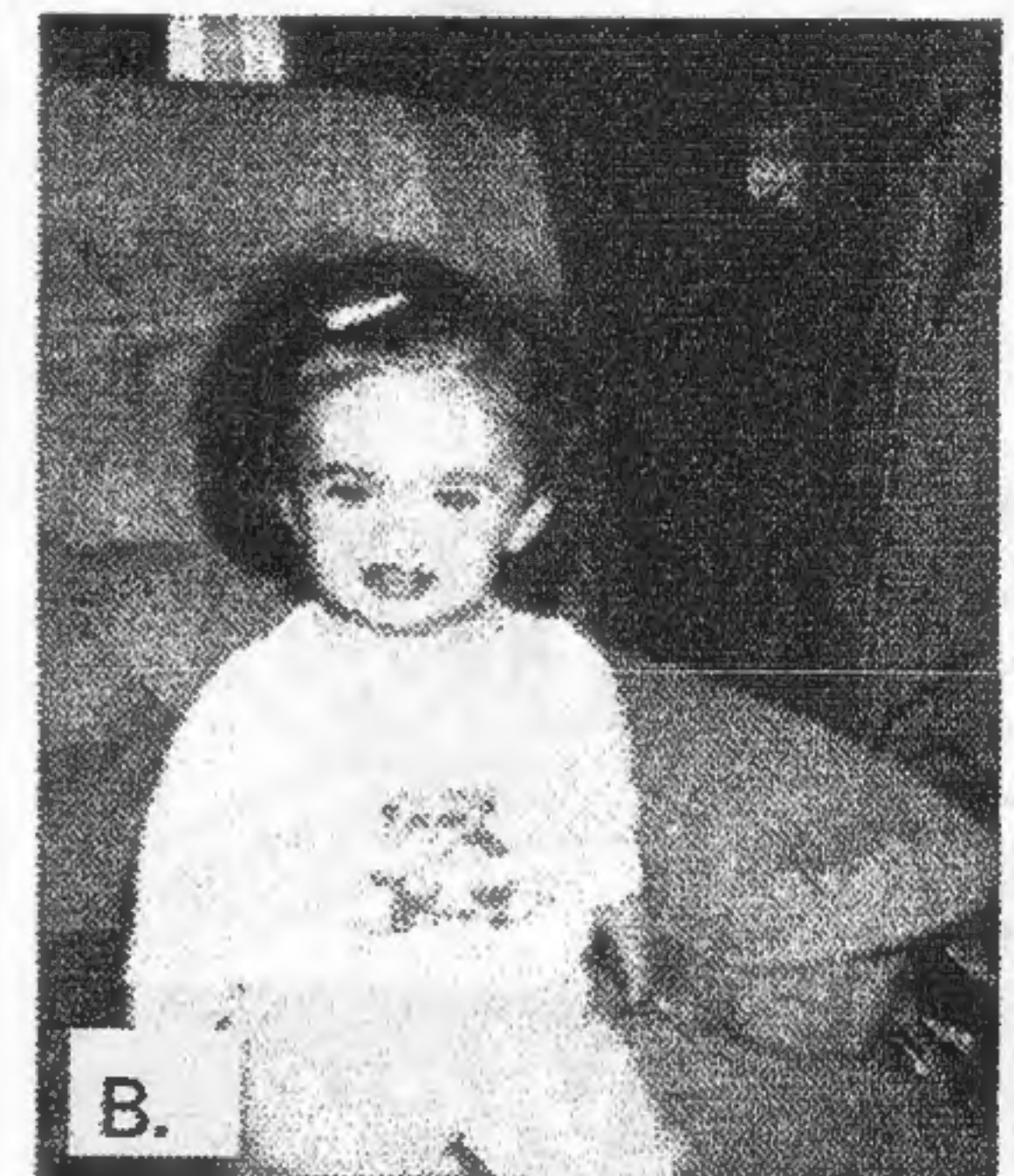
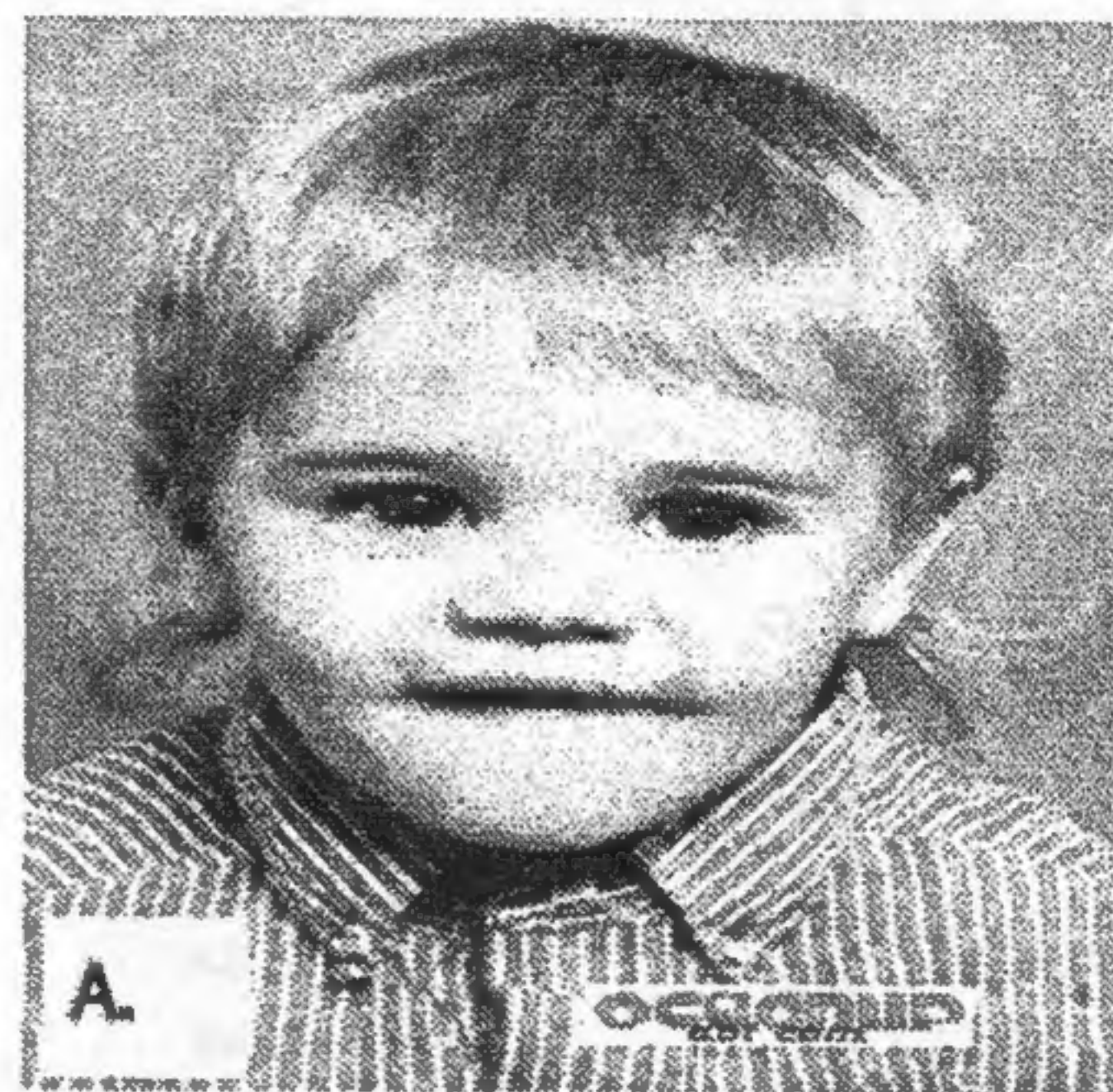
Solutions: 1. Copy Cat 2. Capital City 3. Chimney stack  
<http://www.brainbashers.com>

Keep staring at the black dot. After a while  
the gray haze around it will appear to shrink.



Indianchild.com

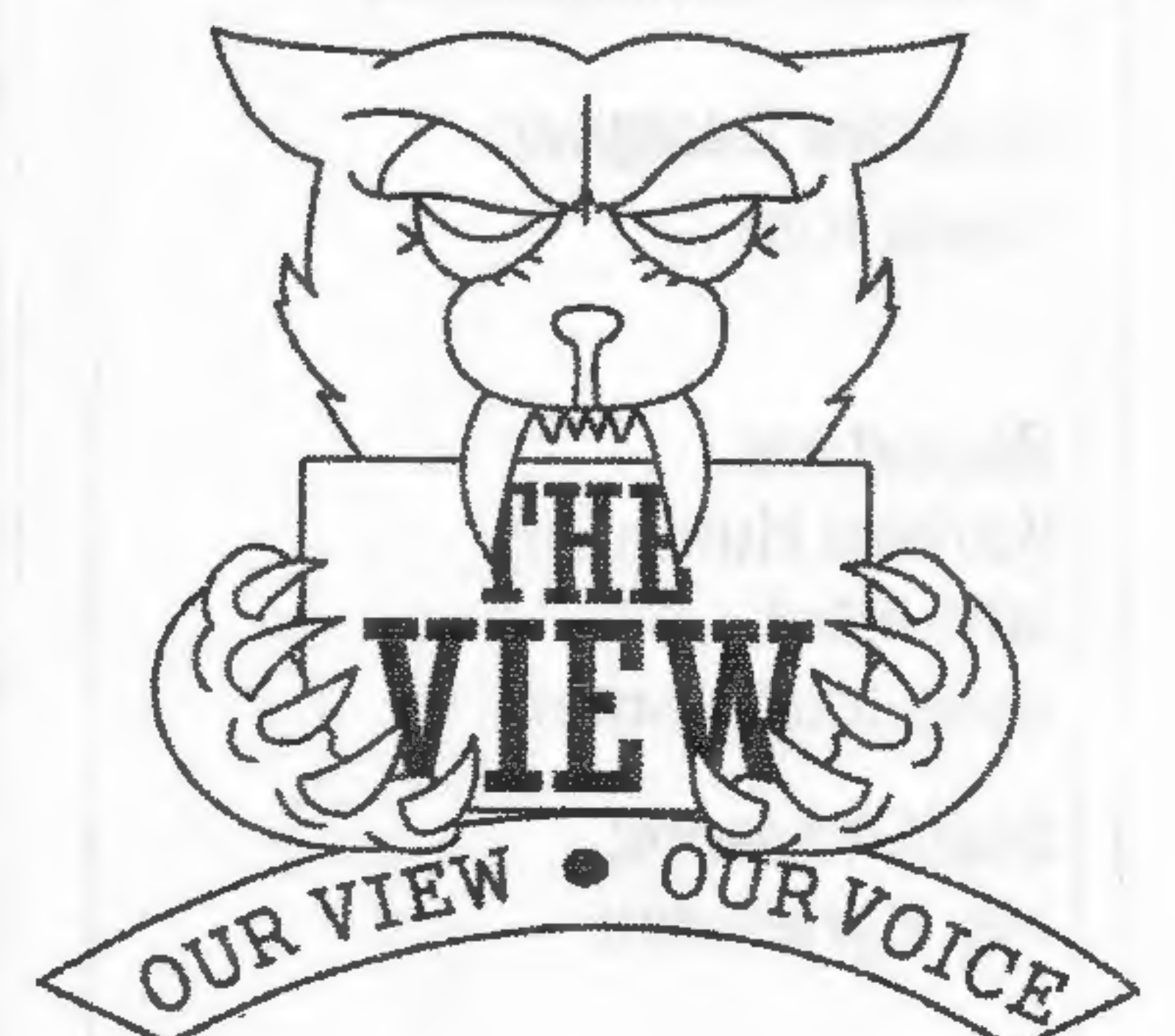
## Can You Guess the Celebrity Baby?



Solutions: A. Justin Bieber B. Megan Fox C. Katy Perry D. Eminem  
[www.fanpop.com](http://www.fanpop.com)

## What's Your View on ... ADMIN?

There has been much discussion amongst the students of Westview concerning our administrative team. Though it is not in our hands to decide who makes up our administrative team, we question why they are not permanent. So, the View has decided to see what the students have to say about this issue. Email us YOUR VIEWS to us at:  
[theviewpaper@gmail.com](mailto:theviewpaper@gmail.com)





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*Our View, Our Voice*



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Ms. Kyriakidou

OCT. 21 - NOV. 24 2012

### Monthly Meetings

- G.S.A: Mon & Wed @ Lunch and Mon after School
- Skills Club: Mon -Thurs 3:10-5:00 @ S10
- Robotics: Tues & Thurs @ lunch & Thurs after School
- Woodwork Club: Mon & Thurs @ Lunch
- Chess Club: Fri @ Lunch
- SIA: Penny Drive (Oct - Dec)

SUN	MON	TUE	WED	THU	FRI	SAT
21	22	23 SHS COLLEGE FAIR	24 FOOTBALL GAME MEET THE TEACHERS	25 LATE STAR SCREEMERS	26 BREAST- CANCER AWARE- NESS AND FUNDRAIS- ER	27
28	29	30	31	1 PRACTICE LITERACY TEST	2	3
4	5	6	7 TAKE YOUR KID TO WORK DAY	8 LATE START	9 TERM 2 BEGINS	10
11	12	13	14	15 REPORT CARDS LATE START	16 P.A. DAY	17
18	19	20	21	22 LATE START	23 MAINTAIN MARKS DAY	24